General Practitioners, Support and Disability Services
### Local Health Services

<table>
<thead>
<tr>
<th>No.</th>
<th>Name of Clinic</th>
<th>Telephone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>1447 South Road Clinic</td>
<td>8204 5511</td>
</tr>
<tr>
<td>2.</td>
<td>Allcare Medical Centre</td>
<td>8276 9666</td>
</tr>
<tr>
<td>3.</td>
<td>Bedford Medical Clinic</td>
<td>8275 3333</td>
</tr>
<tr>
<td>4.</td>
<td>Belair Family Health Centre</td>
<td>8384 9372</td>
</tr>
<tr>
<td>5.</td>
<td>Belair Medical Clinic</td>
<td>8323 6600</td>
</tr>
<tr>
<td>6.</td>
<td>Blackwood Family Care</td>
<td>8294 5555</td>
</tr>
<tr>
<td>7.</td>
<td>Blackwood Family Medical Centre</td>
<td>8392 4500</td>
</tr>
<tr>
<td>8.</td>
<td>Colonel Light Surgery</td>
<td>8232 7724</td>
</tr>
<tr>
<td>9.</td>
<td>Coromandel Medical Centre</td>
<td>8296 3350 or 8277 3424</td>
</tr>
</tbody>
</table>

### Other Services

- Australian Red Cross Marion Donor Centre: 13 14 95
- Noarlunga Community: 8384 9222
- Griffith Rehabilitation: 8298 4299
- Holdfast Private: 8294 5544
- Ashford: 8375 5222
- Woodcroft: 8325 8100
- Southern Vales: 8392 4500
- Mitcham Prostrate Cancer: 8296 3350 or 8277 3424

Every effort has been made to provide correct information at the time of printing. Please notify changes to communityinfo@mitchamcouncil.sa.gov.au You can update your club or group records on Connecting Up www.sacommunity.org For more information click on www.mitchamcouncil.sa.gov.au Printed January 19
Belair Medical Clinic Main Road 8278 8311 www.belairmedical.net.au
Blackwood Hospital After Hours GP Service 8130 3405
Dr C L Moey Practice Young Street Blackwood 8278 6620
Russell Clinic Main Rd. Blackwood 8278 1111 www.russellclinic.com
Blackwood Clinic Coromandel Pde Blackwood 8278 6666 www.blackwoodclinic.com.au
Blackwood Family Care Main Road 8370 2999
Blackwood Family Medical Centre Shepherds Hill 8178 0087 www.blackwoodfmc.com.au
Clovelly Park Bedford Medical Clinic South Rd 8276 5055 www.bedfordmedical.com.au
Colonel Light Gardens Medical Centre Goodwood Rd 8276 8933 www.colonellightmedical.com.au
Coromandel Valley Medical Clinic Main Rd 8278 8505
Hawthorn Kingswood Clinic Belair Rd 8130 3405
Crafter Medical Centre Belair Rd 8272 5533 www.craftermc.com.au
Melrose Park Allcare Medical Centre Edward St 8371 1191
Pasadena Surgery Fiveash Drv 7324 4585 www.pasadenamedical.com.au
Westbourne Park House Goodwood Rd 8271 8911
Westbourne Park Medical Centre Goodwood Rd 8272 6044

Disability Services

Accommodation Options
Bedford Industries - Balyana Strathcona Ave Clapham 8374 3074 www.bedfordgroup.com.au
Unity Housing Company Osmond Terrace Norwood 8237 8777 www.unityhousing.org.au
Kingswood Hos Cambridge Tce 8271 5341
Mowbray House Kingston Ave Daw Park 8374 0566 www.mowbrayhouse.com.au
Orana Watson Avenue, Netley 8375 2000 www.oranaonline.com.au

Attendant Care, Respite Care & Home Support
Aboriginal Home Care Program Henley Beach Rd Mile End 8346 9155 www.aboriginalcsa.org.au
CARA (Community Accommodation & Respite Agency) 8347 4588 www.cara.org.au
Carer Support South Road Glandore 8379 5777 https://carersupport.org.au/
Community Support (CSI) Woodville Road 8429 1200 www.csisa.org.au
Respite Care Prog Families Children with Disability 8226 1000 www.decd.sa.gov.au
Dial an Angel SA 8338 3433 www.dialanganel.com
Help at Home Portrush Road Maylands 8165 5355 www.helpathomeinc.com.au
Homecare Plus Greenhill Road Dulwich 8355 3500 http://homecareplus.asn.au
Southern Adelaide Palliative Services Daw House 8275 1732 www.pallcare.asn.au
Southern Aged Community Respite Program 8358 3173 www.resthaven.asn.au

Children’s Services
Autism SA Marion Road, Netley 8379 69 76 or 1300 288 476 www.autismsa.org.au
Child Adolescent Mental Health Ser (CAMHS) Sthrn 8204 5412 www.finders.sa.gov.au
Flinders Medical Centre Children’s Ass Team (CAT) 8204 4433 www.flinders.sa.gov.au
Inclusive Directions 7325 8600 www.directions.org.au
Interchange Host Prog & Teen Companion Prog 8132 5300 www.interchangesa.org.au
Novita Children’s Services Inc Auxiliary – Mitcham 8276 3215 www.novita.org.au
Playgroup SA 8344 2722 www.playgroupsa.com.au
Sharing the Fun (YMCA) 8200 2500 www.sa.ymca.org.au

Employment & Business Services
Bedford Industries Goodwood Road Panorama 8275 0211 www.bedfordgroup.com.au
Heta Gilbert Street Adelaide 8212 7771 www.heta.com.au
Minda 8422 6200 www.mindainc.com.au
SA Group Enterprises (SAGE) 7325 0023 www.sage.org.au
‘Y’ Options Program (YMCA) 8200 2514 www.sa.ymca.org.au

Independent Living Training
Independent Living Centre 1300 885 886 www.ilc.australia.org.au
Life Without Barriers 8193 9400 www.lwb.org.au
Royal Society for the Blind (RSB) Pirie Street, Adelaide 8417 5599 www.rsb.org.au
Community Support Woodville Rd 8429 1200 www.csisa.org.au

Recreation & Sport Facilities
Cross Road Bowl Cross Rd Westbourne Park 8271 2355 https://www.zonebowling.com/
Friends of Carrick Hill Carrick Hill Drive Springfield 8433 1700 www.carrickhill.sa.gov.au
Friends of Gamble Garden Main Rd Blackwood 0418 827 825 www.gamblegarden.org.au
Hawthorn Scented Garden Rear of Mitcham Library 8372 8888
Hyde Park Homing Pigeon Club Mitcham Railway Station 8277 1736
Marion Bowland modified equipment Westfield Marion 8298 9888 www.marionbowland.com.au
planNET Fisher St, Fullarton info@plan-nettsa.com.au www.plan-nettsa.com.au
Riding for the Disabled Assoc of SA (RDASA) 8331 1833 www.rdasa.org.au
Special Olympics SA for people with intellectual disability) 8364 5557 www.specialolympics.com.au
Wheelchair Sports Assoc of SA Northfield 8349 6366 www.wheelchairsports-sa.org.au

Support Groups, Services & Associations
Alzheimer’s Australia SA Conyngham St, Glenside 1800 100 500 www.fightdementia.org.au
Anglicare SA Port Rd Hindmarsh SA 8305 9200 www.anglicaresa.com.au
Arthritis Foundation SA Richmond Road Marleston 8379 5711 or 1800 011 041 www.arthritis.sa.org.au
Associazione Nazionale Famiglie Degli Emigrati 8243 5550 www.anfe.org.au
Australian Hearing Marion Hearing Centre 131 797 or 1300 412 512 www.hearing.com.au
Bedford Industries Goodwood Road Panorama 8275 0211 www.bedfordgroup.com.au
Brain Injury Rehabilitation Service Hampstead Rehab Cent www.rah.sa.gov.au
City of Mitcham – Community Wellbeing 8372 8888 www.mitchamcouncil.sa.gov.au
CNS Consulting clinical psychology/neuropsychology 8379 8300 www.cnsconsulting.com.au
Deaf Can: Do Grange Rd Welland 8100 8200 www.deafcan.do.com.au
Disability Advisory & Support Service Flinders Uni 8201 5189 rose.y.robertson@flinders.edu.au
Down Syndrome Society of SA McInnes St Ridleyton 8245 4600 www.downssa.asn.au
Epilepsy Association of SA & NT Regency Rd Prospect 1300 850 081 https://epilepsycentre.org.au
Fibromyalgia SA Arthritis Foundation Marleston 8379 5711 www.arthritis.sa.org.au/arthritis-types/fibromyalgia
Flinders Medical Centre Speech & Hearing Clinic 8204 4366 www.flinders.sa.gov.au
GROW Brighton Road Hove 8298 9299 www.grow.org.au
Huntington’s Disease Unit S A Flinders Medical Cent 8204 4144 www.flinders.sa.gov.au
Mental Health Services Older People Sth Rd Edwardstown 8374 5800 www.sahealth.sa.gov.au
Mental Illness Fellowship SA 8378 4100 www.mifsaf.org
Minda Incorporated – Client Support Services 8422 6200 www.mindaican.com.au
Motor Neurone Disease Assoc SA South Road Hilton 8234 8448 or 1800 777 175 www.mndsa.org.au
Orana - employment, respite accommodation services 8375 2000 www.oranaonline.com.au
Paraplegic & Quadraplegic Ass SA Marden 8355 3500 www.pqasa.asn.au
Parkinson’s South Australia King William Rd, Unley 8357 8909 www.parkinsonsса.org.au
Prostate Cancer Support Group – Adelaide Mitcham 1800 220 099 Free call www.adelaide-mitchampcsg.org
Royal Society for the Blind (RSB) Pirie St Adelaide 8417 5599 www.rsb.org.au
Southern Dyslexic Centre Main South Rd Morphett Vale 8186 6900 www.southerndyslecticcentre.com.au
Spastic Centres of SA Woodville 8347 2664 www.scosa.com.au
Stroke SA including Young Person’s Stroke Group Hilton 8352 4644 www.stroke.org.au
Technical Aid to the Disabled Royal Society for the Blind 8261 2922 www.tadsa.org.au
Uniting Communities Pitt Street Adelaide 8202 5111 www.unitingcommunities.org
Wednesday Friendship Centre Princes Road Mitcham 8277 8875