

CUMBERLAND PARK COMMUNITY CENTRE


 CITY OF
 MITCHAM

MONDAY

Yuki Health & Happiness
 9am - 12.30pm
 Strength for Life exercise program.
 Yuki 0424 724 914
 Fee applies

Colonel Light Gardens Kindergym
 From 9.30am
 6 months to 5 years
 Westbourne Park Hall
 Sue 0435 735 395
 Fee applies

Mitcham MUGS Ukulele Group
 2nd & 4th Monday
 1pm - 2pm
 Learn the Ukulele.
 Joan 0499 088 181
 Fee applies

South Australian Youth Arts Theatre Writing Group
 6pm - 8pm
 Bec 0400 202 399
 Term fee applies

Scarlet Robin Morris Dancing Group
 7.45pm - 9.45pm
 North West Morris
 Dancing for anyone.
 Uma 0452 537 266
 Fee applies

TUESDAY

Tuesdays @ Cumby**
 From 10.30am
 City of Mitcham
 Community Wellbeing
 Team offers exercise,
 knitting, crochet,
 Mahjong, games, table
 tennis, afternoon tea.
 Sonja 8372 8884
 Fee applies

Colonel Light Gardens Kindergym
 From 9.30am
 6 months to 5 years.
 Westbourne Park Hall
 Sue 0435 735 395
 Fee applies

World Taekwondo / Oriental Sports Academy
 6pm - 7.30pm
 Self defence, all ages.
 Westbourne Park Hall
 Wahid 0412 909 500
 Fee applies

Just Dance Fitness with Martha
 7.30pm - 8.30pm
 Dance fitness class
 Martha 0412 231 756
 Fee applies

WEDNESDAY

Community Day @ Cumby*
 From 9.30am
 Art, craft, macrame,
 knitting, crochet,
 exercise, quizzes,
 morning tea, cooking.
 ECH 1300 275 324
 Gold coin

Colonel Light Gardens Kindergym
 From 9.30am
 6 months to 5 years.
 Westbourne Park Hall
 Sue 0435 735 395
 Fee applies

Spectrum Connect Youth Group
 3pm - 6pm
 A youth group for
 Autistic kids 7 - 13 yrs
 Kathryn 0421 917 273
 Fee applies

Metropolitan Male Choir of SA
 7.30pm - 9.30pm
 Rehearsals singing
 music from all genres.
 0488 173 011
 Fee applies

THURSDAY

Colonel Light Gardens Kindergym
 From 9.30am
 6 months to 5 years.
 Westbourne Park Hall
 Sue 0435 735 395
 Fee applies

Cumberland Park (RASA) Orchestra
 9.30am - 12.30pm
 Amateur rehearsals.
 All welcome to listen.
 Bill 0407 710 957
 Fee applies

THURSDAY

Kneebone Foot Connection
 4pm - 5pm
 Fitness & pilates class
 Westbourne Park Hall
 Office 8172 0777
 Fee applies

South Australian Youth Arts Theatre
 4.30pm - 8.30pm
 Bec 0400 202 399
 Term fee applies

World Taekwondo / Oriental Sports Academy
 6pm - 7.30pm
 Westbourne Park Hall
 Self defence, all ages
 Wahid 0412 909 500
 Fee applies

FRIDAY

Yuki Health & Happiness
 9am - 11.30am &
 11.30am-12.30pm
 Strength for Life
 Yuki 0424 724 914
 Fee applies

Confetti Dance
 9am - 12pm
 Pre-school classes
 Westbourne Park Hall
 Steph 0421 980 590
 Fee applies

Slava Ukrainian Cultural Centre
 From 5.30pm - 9pm
 Ukrainian activities.
 Aliona 0401 689 645

SATURDAY

Ultrafit Boxing
 7.15am - 8.15am
 Ash 0412 655 699
 Fee applies

Turning Point Yoga
 9.30am - 10.30am
 Kate 0408 952 603
 Term fee applies

Cumberland Park NA Young Adults Group Aust April-June Cumberland PK
 (RR Hall)
 11.30am - 12.30pm
 NA 1300 652 820

World Taekwondo / Oriental Sports Academy
 12pm - 2pm
 Self defence, all ages.
 Westbourne Park Hall
 Wahid 0412 909 500
 Fee applies

Mitcham Orchestra
 1.30pm - 4.30pm
 Amateur rehearsal.
 Come listen & enjoy.
 Ros 8390 3053
 Fee applies

SUNDAY

SA Quilters Modern Mix (2nd Sunday)
 9am - 3.30pm
 Monique 0421 506 776
 www.saquilters.org.au
 Fee applies

Adelaide Scottish Fiddle Club (3rd Sunday)
 from 2pm
 Enquiries 0401 577 069
 Fee applies

** Assessment required

* programs run by City of Mitcham