

FEBRUARY/
MARCH 2024



CUMBERLAND PARK COMMUNITY CENTRE



CITY OF
MITCHAM

MONDAY

Yuki Health & Happiness

9am - 12.30pm
Strength for Life exercise program.
Yuki 0424 724 914
Fee applies

Colonel Light Gardens Kinderym

From 9.30am
6 months to 5 years
Westbourne Park Hall
Sue 0435 735 395
Fee applies

Mitcham MUGS Ukulele Group

2nd & 4th Monday
1pm - 2pm
Learn the Ukulele.
Joan 0499 088 181
Fee applies

South Australian Youth Arts Theatre Writing Group

4pm - 8pm
Bec 0400 202 399
Term fee applies

Scarlet Robin Morris Dancing Group

7.45pm - 9.45pm
North West Morris
Dancing for anyone.
Uma 0452 537 266
Fee applies

TUESDAY

Tuesdays @ Cumby**

From 10.30am
The Community Wellbeing Team offers exercise, knitting, crochet, Mahjong, games, table tennis, afternoon tea.
Sonja 8372 8884
Fee applies

Colonel Light Gardens Kinderym

From 9.30am
6 months to 5 years.
Westbourne Park Hall
Sue 0435 735 395
Fee applies

Just Dance Fitness with Martha

7.30pm - 8.30pm
Dance fitness class
Martha 0412 231 756
Fee applies

Kneebone Foot Connection

3pm - 4pm
Fitness & pilates class
Westbourne Park Hall
Office 8172 0777
Fee applies

World Taekwondo / Oriental Sports Academy

6pm - 7.30pm
Self defence, all ages.
Westbourne Park Hall
Wahid 0412 909 500
Fee applies

WEDNESDAY

Community Day @ Cumby*

From 9.30am
Art, craft, macrame, knitting, crochet, exercise, quizzes, morning tea, cooking.
Cassie 8372 8264
Gold coin

Colonel Light Gardens Kinderym

From 9.30am
6 months to 5 years.
Westbourne Park Hall
Sue 0435 735 395
Fee applies

Metropolitan Male Choir of SA

7.30pm - 9.30pm
Rehearsals singing music from all genres.
0488 173 011
Fee applies

Spectrum Connect Youth Group

3pm - 6pm
A youth group for Autistic kids 7 - 13 yrs
Kathryn 0421 917 273
Fee applies

THURSDAY

Colonel Light Gardens Kinderym

From 9.30am
6 months to 5 years.
Westbourne Park Hall
Sue 0435 735 395
Fee applies

Cumberland Park (RASA) Orchestra

9.30am - 12.30pm
Amateur rehearsals.
All welcome to listen.
Bill 0407 710 957
Fee applies

Kneebone Foot Connection

4pm - 5pm
Fitness & pilates class
Westbourne Park Hall
Office 8172 0777
Fee applies

South Australian Youth Arts Theatre

4.30pm - 8.30pm
Bec 0400 202 399
Term fee applies

World Taekwondo / Oriental Sports Academy

6pm - 7.30pm
Westbourne Park Hall
Self defence, all ages.
Wahid 0412 909 500
Fee applies

FRIDAY

Yuki Health & Happiness

9am - 11.30am
Strength for Life exercise program.
Yuki 0424 724 914
Fee applies

FRIDAY

Confetti Dance

9am - 12pm
Pre-school classes
Westbourne Park Hall
Steph 0421 980 590
Fee applies

Slava Ukrainian Cultural Centre

From 5.30pm
Ukrainian activities.
Aliona 0401 689 645

SATURDAY

Ultrafit Boxing

7.15am - 8.15am
Ash 0412 655 699
Fee applies

World Taekwondo / Oriental Sports Academy

12pm - 2pm
Self defence, all ages.
Westbourne Park Hall
Wahid 0412 909 500
Fee applies

Mitcham Orchestra

1.30pm - 4.30pm
Amateur rehearsal.
Come listen & enjoy.
Ros 8390 3053
Fee applies

SUNDAY

SA Quilters Modern Mix (2nd Sunday)

9am - 3.30pm
Monique 0421 506 776
www.saquilters.org.au
Fee applies

Adelaide Scottish Fiddle Club (3rd Sunday)

from 2pm
Enquiries 0401 577 069
Fee applies

** Assessment required

* programs run by City of Mitcham