



# PASADENA COMMUNITY CENTRE

# APRIL 2024



## CITY OF MITCHAM

**NEW**

Join us for Community Conversations on the  
2nd Thursday of each month, 6pm-8pm

### MONDAY



#### Yoga

Start your week with yoga every Monday. All ages welcome Mondays, 11am St Marys Oval 1300 133 466 All ages All abilities No bookings necessary

### TUESDAY



#### Men's Group (Just Be)

Discover camaraderie, embrace authenticity, forge connections with a non-judgmental group of men. Fortnightly coffee & chat. March 12, 26 April 9, 23, May 7, 21 Free BBQ held on the last Tuesday of every month 4pm-5.30pm Michael 0418 694 283 No bookings necessary Free

#### Come along to the Pasadena & St Mary's Action Group Meetings

All welcome. First Thursday of month 6pm-7.30pm, All welcome, Tel 0419 770 869

### TUESDAY



#### Outdoor Children's

Messy Playtime Stories, a guarantee kids will get dirty and sing with the choir from 11.30am onwards. 10am-12pm every Tuesday 1300 133 466 Children of all ages Free

#### Community Choir

Singing is good for the soul so join us weekly. Beginners welcome. 10am-11.30am, then 11.30am onwards nursery songs with the children. 0412 465 065 Free

#### Learn Ukulele

Strum your way into joy with our Ukulele Group. Ukulele enthusiasts unite for a harmonious journey, playing popular songs and creating lasting friendships. 11.45am-12.15pm No booking necessary Free

#### Book Club with Little Library on Lloyd Street

Interested in books then join our monthly book club on the 2nd Tuesday of month. 7pm-9pm 0419770869 All welcome Free

### WEDNESDAY



#### Games of the World

Across the World, card and board games, bring people together for fun, relaxation and connection. Join your local games sessions here at Pasadena. Bring a game of your own to play with others or join in with one of ours. 1pm-3pm, weekly No bookings necessary Free

#### Mindfulness & Meditation

Get yourself rested and come and try meditation. This volunteer-led activity. March 20 & 27 April 3, 10, 17, 24 7pm-8pm, Jacqui 1300 133 466 Free

#### Sewing, Art & Craft

Join Sudhashree to continue with your own sewing project, make boomerang bags or learn to sew with easy to learn basics and/or undertake a new art or craft activity weekly. Ages 10+ 4pm-6.30pm Sudhashree 1300 133 466 No bookings necessary Starts 20 March Free

### THURSDAYS



#### Improving English Conversation Skills

Practice speaking day-to-day English with others in your community. 11.30-12.30pm

#### English Language Skills for Employment

Next intake starts 2 May (6 weeks), 530pm-830pm Bec Wu: 0432 322 961 Free

#### Coffee, Chat, sewing, art, crafts & weekly workshops

Weekly craft activity each week See timetable for full info. All welcome 9.30am-11.30am sallyh0054@gmail.com Free

#### Gardening Group

Join our garden group on the 2nd & 4th Thurs each mth 9.30-11.30am Free

#### Tea & Toasties

Join us for lunch from 12pm-2pm weekly Free

#### Sarah-Nade Sessions

Bring your instrument and/or sit back and enjoy listening to Sarah 2pm-4pm fortnightly 1300 133 466 No bookings necessary Free

### FRIDAYS



#### Coffee & Chat with Neighbours in St Marys, Pasadena & surrounds

2pm-4pm, Last Fri of each month Norah 0419 770 869 Free

#### Barista Course

Blend a beautiful brew with Barista Training from Ben! Master the art of espresso and unleash your inner coffee connoisseur. Bookings essential. Ben Smith 1300 133 466 Free

### SATURDAY

#### Sustainable Saturdays

Composting, wicking, beds, worm farms, preserving, and more. Join us on the 2nd & 4th Saturday of each month. For a full list of workshops visit Pasadena or email pasadena@mitchamcouncil.sa.gov.au

#### Chess with Simon & Games of World

Do you play chess or want to learn how to play? Come along to weekly chess. 1pm-3pm

27 April, & 25 May pasmag5042@gmail.com 27 April & 25 May Jacqui 1300 133 466 No bookings necessary Free

