## Thank you to our Wonderful Volunteers

In May, during National Volunteer Week, the City of Mitcham recognised the valuable contributions of over 365 volunteers; without them we would not be able to provide the many valuable services in our community. **FULL STORY ON PAGE 3** 





New Plan to Manage Dogs and Cats in Mitcham. Council's new Dog and Cat Management Plan will provide direction for Animal Management across the City for the next five years.



 $\blacksquare$ 

Out with the old in with the new! The redevelopment of the Mitcham Memorial Library in Hawthorn is well underway! Page 7

Congratulations to Peter Carr for Best Entry Award for his Jewellery Box and Nick Carboon winner of the Mitcham Community Shed Encouragement Award for his construction of a dulcimer. Page 14

#### **MITCHAM COMMUNITY NEWS** JUNE 2018



#### Also in this issue

- 2 Last Chance to get on the Electoral Roll
- New Grey Rego Discs 4
- 6 Author Rae-Anne Holloway
- Restoring our Grey Box 9 Woodlands
- **12** Your Elected Members
- **15** School Holiday Fun at the Community Centres
- **16** How Can you Reduce Junk Mail

Page 5

### June 2018 Publication Details

Mitcham Community News is published bi-monthly by and for the City of Mitcham.

#### Editorial

Communications Department, City of Mitcham

**Design and Production** 

Sarah Bennett Design

**Reprographics and Printing** 

Graphic Print Group

B ▲ : ○: ISO 14001

Printed on paper made from elemental chlorine free pulp derived from sustainable plantation forests.

Distribution

Paperstock

PMP Limited and Australia Post

Delivered to 29,850 homes, PO boxes and businesses within the Mitcham Council area.

Advertising

KRL Media Services Telephone: 8231 5433 PO Box 131 Unley, SA 5061

#### **Contributing Articles**

Community groups and organisations submitting items for the August 2018 issue of this publication should ensure they reach Business Partner Communication and Marketing Julie Lamond no later than Friday 13 July 2018.

Telephone: 8372 8871 or email jlamond@mitchamcouncil.sa.gov.au

Good quality colour/high resolution colour photographs/image files can be submitted although publication will depend on space availability.

#### Website

www.mitchamcouncil.sa.gov.au

Listen to the Mitcham Community News

Audio copies of the Mitcham Community News are available on compact disc at both Mitcham and Blackwood Libraries, on Council's website www.mitchamcouncil.sa.gov.au or by arrangement from the Community Information Service.

Telephone: 8372 8812.

**Council Meetings** 

The Council Assessment Panel meets on the first Thursday of the month at 6.30pm.

Full Council meets on the second and fourth Tuesday of the month at 7pm.

**Council Civic Centre** 

Open weekdays 9am to 5pm.

131 Belair Road, Torrens Park or

PO Box 21, Mitcham Shopping Centre, Torrens Park, South Australia 5062

#### Telephone: 8372 8888

The views and opinions expressed in articles and advertisements submitted by contributors, other than the City of Mitcham, do not necessarily reflect the views of the Council as a body, nor as individual members. While every effort is made to ensure accuracy in published articles submitted by contributors other than Council, no responsibility is accepted for any errors that they may contain.

# Last Chance to get on the Electoral Roll

In order to nominate as a candidate or to vote at the Council elections in November this year, you must be on either the House of Assembly electoral roll or Council's voters roll.

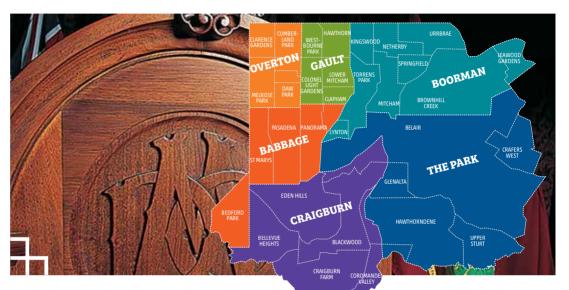
#### **House of Assembly**

You can enrol online on the Electoral Commission of South Australia's website at www.ecsa.sa.gov.au or pick up a form from the Post Office.

#### **City of Mitcham's Voters Roll**

Application forms to go onto Council's voters roll are available at www.mitchamcouncil.sa.gov.au or by calling 8372 8888.

Rolls close on Friday 10 August 2018.



# Do you want to become an Elected Member?

If you are thinking about standing as a candidate to become an Elected Member at the November Local Government elections, here is some essential information.

#### What do Elected Members do?

There are some specific roles which an Elected Member is expected to perform. Elected Members:

- Represent the interests of ratepayers and residents.
- Provide leadership and guidance to the community.
- Act as a conduit between the community and Council.
- Attend Council meetings and other workshops and briefings.
- Participate in Council's decision making.
- Participate in the civic activities of Council.
- Participate in setting Council's strategic directions.
- Oversee the Council budget, including its resource allocation, expenditure and service delivery.

## How much time will you need to commit?

When you take on the role of Elected Member you are committing yourself to a number of hours extra work each month. There are Council meetings to attend, agenda papers and other reports to read. To assist you in your role there will also be briefings and workshops conducted by staff and other professionals. Attendance at community events is also recommended as this is how you will get to know your community and find out what is important.

#### **Allowances and expenses**

While the role of an Elected Member is not a paid position, an allowance is paid to cover some of your costs. Currently Elected Members receive: Mayor \$79.232

Mayor	\$79,232
Councillors	\$19.808

Elected Members are also entitled to claim for reimbursement of some expenses such as prescribed travel costs and child care.

Elected Member allowances are set before each new Council term by the State Remuneration Tribunal. Submissions to the Tribunal are currently being considered and the new allowances should be known in August.

#### Advice for potential candidates

- You must be an Australian citizen.
- Make sure you are on the State Electoral roll, or Council's Voters roll if you are not already on it.
- Do some research about Council and its functions and services.
- Come to a Council meeting to see how meetings are conducted and the matters which are discussed.
- You will receive an intensive induction program should you be elected to Council.

If you would like further information about becoming an Elected Member, please call the City of Mitcham on 8372 8888.



#### **Volunteering Facts**

In the past year volunteers provided nearly 800 bus trips to different destinations, helping residents get the essentials that they need for day to day living.

Volunteers also provide social support for residents to get out and about and explore local places of interest, like parks, gardens and museums.

Volunteers made up 1,200 welcome packs for new residents to the City of Mitcham.

12,000 information brochures and flyers were refilled across Council facilities by volunteers.

Volunteers recorded the Mitcham **Community News so it can be made** available electronically to residents who have difficulty reading.

10 art exhibitions held at the City of Mitcham Civic Centre for multiple artists relied on the assistance of volunteers.

Volunteers made over 2,000 home library visits to residents who are unable to visit the Library.

At the Mitcham and Blackwood Libraries volunteers covered over 6,000 books during the year.

Volunteers contributed to the maintenance and revegetation of 30 kilometres of trails.

Over a 1,000 native and exotic plants were planted by volunteers.

Volunteers weeded, watered and pruned their way through many hectares of formal gardens and bushland reserves.

The Justice of the Peace volunteers signed, witnessed or stamped nearly 8,500 documents.



# Thank you to our wonderful Volunteers

In May the City of Mitcham recognised the valuable contributions of over 365 volunteers; without them we would not be able to provide the many valuable services in our community.

National Volunteer Week is the largest celebration of volunteers and volunteering in Australia and provides an opportunity to highlight the role of volunteers in our communities. We have over 365 volunteers in 30 different programs ranging from Youth Committee volunteers to Community Bus volunteers who contribute over 30,000 hours per vear.

At a movie morning tea on Tuesday 22 May, Mayor Glenn Spear thanked our volunteers for

We offer a variety of opportunities to suit your passions, skills or experience. If you are interested

their continued dedication to our community. Without their support many of our services and programs would not be provided.

Council has a number of programs supported by volunteers who share their own time, enthusiasm and skills in interesting and enjoyable activities.

Our community benefits through volunteer participation. Every single volunteer makes an important contribution to our community.

in discovering more about volunteering call Lynne Norton, Coordinator Volunteer Services on 8372 8860 or visit www.mitchamcouncil.sa.gov.au/volunteering



# New Laws for all Dog and Cat Owners

New laws for cat and dog owners and breeders will be introduced in South Australia from 1 July. These changes are designed to improve dog and cat management and welfare.

#### Microchipping

From 1 July 2018, all dogs in South Australia will be required to be microchipped by 12 weeks of age or at the point of sale.

Veterinarians may exempt an animal for medical reasons. Owners are encouraged to take advantage of the numerous discount microchipping days visit chipblitz.com for upcoming dates, locations and to make a booking. Alternatively, contact your local vet.

#### \$10 Microchipping

Date: 23 June Location: PETstock, South Road, Melrose Park

To book visit www.chipblitz.com





## Dogs and Cats must be **microchipped** by **1 July 2018**

before 12 weeks of age and the details must be entered on the statewide register at: DOGSANDCATSONLINE.COM.AU



#### Desexing

Desexing your dog is a socially responsible thing to do.

Dogs and cats born after the 1 July must be desexed by 6 months of age or 28 days after purchase by the owner. Working livestock dogs as well as dogs and cats owned by registered breeders will be exempt from the requirement to desex, however will still need to be microchipped.

# The new laws and rules include:

Mandatory microchipping of cats and dogs

Desexing of dogs and cats born after the 1 July 2018

New rules for breeders who sell dogs and cats

Introduction of a State-wide database, called Dogs and Cats Online

Visit dogandcatboard.com.au

#### Breeders

From 1 July 2018, anyone that breeds a dog or cat for sale or trade must register as a breeder with the Dog and Cat Management Board.

Your breeder registration number must be included in all advertisements for dogs and cats. There are new requirements to disclose the breeder registration number and other information to the buyer at the point of sale. All breeders are required to follow the new industry standards and guidelines.

#### **Dogs and Cats Online**

From 1 July 2018 you will register your dogs and cats through a central database – Dogs and Cats Online.

You will receive a renewal notice in the mail during July with your dog's new lifetime registration disc (replacing the annual disc) and instructions on how to complete your annual dog registration. If you do not receive a renewal notice for your dog, please contact the City of Mitcham on 8372 8888.

# For more information visit dogandcatboard.com.au



## Dogs and Cats born after **1 July 2018** must be **desexed**

by **6 months of age.** Exemptions apply. Talk to your Vet or visit **dogandcatboard.com.a** for more information.





## **New Grey Rego Discs for Dogs**

Dog registration discs in South Australia will be issued once-off from July this year and replace the yearly discs previously issued to reduce waste and streamline pet registration.

From 1 July 2018 registered dogs will be issued with a permanent registration number and a once-off grey coloured disc. Pet owners will need to continue to renew their dog's registration yearly.

You will receive a registration number which is linked to your dog, even if you move to a different Council or if your dog changes owners. You also have a choice to replace the plastic grey disc with an engraved metal disc. The change coincides with the introduction of the new centralised statewide online dog and cat database on 1 July.

Dogs and Cats Online is a one-stop online service for all annual registration payments as well as dog and cat microchipping, desexing and breeder details. You can even upload a picture of your dog or cat, which will be helpful if your pet becomes lost.

Registration renewal notices will be mailed to dog owners in July.



## Summary of the Dog and Cat Management Plan Objectives

#### The management of dogs and cats:

- Mandatory microchipping.
- Mandatory desexing.
- Responsible Dog and Cat Management.
- Breeder Registration.
- Emergency Management (of animals).

#### The management of dogs:

- Ensure Council transitions to Dog and Cats Online.
- Increase/maintain the number of registered dogs.
- Include Hannaford Park as an option for an enhanced dog off leash area along with other suitable reserves in a list of off leash areas available in the City of Mitcham.
- Review Council's Dog By-Law before 1 January 2023.
- Minimise the risk of dog attacks to the community.
- Reduce the impact of barking dogs in the community.
- Consult on including Hannaford Park and or part of Hawthorndene Oval (southern end of reserve) in the list of off-leash areas that could be enhanced.
- Educate the community on the requirements applying to dogs in Council parks and reserves.
- Enforce the requirements applying to dogs in Council parks and reserves.

#### The management of cats:

- Assist residents with managing trespassing cats.
- Increase or maintain the number of registered cats.
- Review how to deal with cats found to be unmicrochipped or otherwise unidentified or unclaimed under the new statewide requirements.
- Consider confining cats.
- Ensure Council transitions to Dog and Cats Online.

#### **Animal Management Service**

 Council will ensure all Authorised Persons acting under the Dog and Cat Management Act 1995 have been trained.

## The implementation, monitoring and reviewing of the plan

 Council is committed to implementing, monitoring, reviewing and updating the Dog and Cat Management Plan.



For more information about the objectives of the Dog and Cat Management Plan please visit www.mitchamcouncil.sa.gov.au.

# New Plan to Manage Dogs and Cats in Mitcham

Council's new Dog and Cat Management Plan will provide direction for Animal Management across the City for the next five years.

Mitcham Council's Dog and Cat Management Plan 2018-2023 provides a framework for Council's management of dogs and cats and aims to improve the delivery of animal services to the community.

Pet ownership in Australia is popular with around 63% of Australian households own a pet - 39% own a dog and 29% own a cat.

The new Plan will guide Council to:

- Review procedures and databases to include the statewide changes to the Dog and Cat Management Act and the introduction of Dog and Cats Online.
- Develop and implement a comprehensive education program to include local and

statewide requirements applying to dogs and cats.

- Consult with the community to consider a design and enhancements to provide an opportunity to exercise dogs off leash at Hannaford Park.
- Identify off-leash parks that could be considered for improvement.
- Consider if cats should be confined.
- Undertake education to raise awareness of the presence of dogs in public places (streets, footpaths, parks and reserves).
- Conduct a dog barking forum with residents and stakeholders.

## The Dog and Cat Management Plan 2018-23 has been sent to the Dog and Cat Management Board for approval.

For more information or to view a copy of the Dog and Cat Management Plan 2018-23 visit www.mitchamcouncil.sa.gov.au



# **School Holidays at the Library**

Join in the fun during the June school holidays....



#### **Board Games and Catan**

Play Catan or enjoy other board games – Chess, Scrabble, Cluedo or Snakes and Ladders with the Mitcham Library at the Hawthorn Community Centre on **Tuesday 10 July 2pm to 4pm**. You can use ours or bring your own. All ages are welcome. Snacks supplied.



#### Chess-Gamers at the Hawthorn Community Centre

Calling all kids! Do you like playing chess or would you like to learn how to play chess? Join our new kid's chess-gamers group each month at the Hawthorn Community Centre.

Each month on a Tuesday the Mitcham Library Service is holding a Chess-Gamers afternoon at the Hawthorn Community Centre from 3.45pm to 5.15pm.

Come along on **Tuesday 17 July** and discover the fun of chess. All levels of players welcome.



#### **Free Everyday Crafts**

We will also be offering free everyday crafts from Monday 9 July to Sunday 22 July. Drop in to see us.



#### Fashion Upcycle by making a Scarf and Accessories

Don't throw away that old t-shirt! Learn how to "up-cycle" clothes at the Blackwood Library on **Monday 16 July at 2pm**. Youth aged 10 to 17 years will transform a t-shirt into a fun and fashionable fringed infinity scarf as well as other accessories to make and decorate.

Not only can you warm up on those wintery days with your new creation but it is great for the environment too! Cost \$5. Bookings essential.

#### Free Baby Yoga

Imaginative and creative ways to help babies and toddlers learn about their bodies and give parents, grandparents and caregivers a few ideas to encourage physical play and ways to bond through movement and touch at home.

The program is free and will include singing and opportunities to gently stimulate or expand sensory awareness.

**Wednesday 11 July 10am to 11.15am** at the Hawthorn Community Centre, 215 Main Road, Blackwood.

**Thursday 12 July 10am to 11.15am** at the Blackwood Library, 5 Frimley Grove, Hawthorn. Limited spaces, bookings essential.

#### Make a Noise Craft for School Aged Children

Decorate a spin drum and make a maraca.

Come along to the **Blackwood Library on Tuesday 10 July 2pm to 3pm** or the **Hawthorn Community Centre on Wednesday 18 July 2pm to 3pm**. \$5 per child. Bookings essential.

For more information call the Mitcham Library on 8372 8244 or Blackwood Library on 8372 8255.



**Mitcham Library** *Temporarily located at:* 5 Frimley Grove, Hawthorn SA 5062 Phone: 8372 8244

**Mitcham Toy Library** Room 2, Mitcham Community Centre 242 Belair Road, Hawthorn SA 5062 Phone: 8274 1351

## Don't Miss Wellbeing Author Rae-Anne Holloway

Meet and hear wellbeing author Rae-Anne Holloway at the Hawthorn Community Centre on Wednesday 20 June at 6.30pm who will share wellbeing tips from "Have you been outside today?"

We've all had those awful days where life seems to be one giant vortex of yuck and funk. Some of us have them more often than others, but we all have them.

Rae-Anne is a speaker, coach, mental health educator and author of the book *Have You Been Outside Today? 108 Things You Can Do To Get Out of a Funk* will share some tips to break out of the cycle.

Date:	Wednesday 20 June
Time:	6.30pm
Location:	Hawthorn Community Centre,
	5 Frimley Grove, Hawthorn

Cost: Free

Books will be available for sale and signing. Bookings essential. To book your seat call the Mitcham Library on 8372 8244.



**Blackwood Library** 215 Main Road, Blackwood SA 5051 Phone: 8372 8255

**Blackwood Toy Library** Blackwood Community Centre 4 Young Street, Blackwood SA 5051 Phone: 8278 6997



## Brownhill Creek Upgrade Delayed

The upgrade to Brownhill Creek and landscaping in Soldiers Memorial Gardens will begin in November.

Mitcham Council has decided to postpone the upgrade works until after winter following delays in receiving approval for the creek design, which required multiple approvals.

The work on upgrading the creek will commence in late November early December 2018 to avoid the winter rain. By delaying the creek works we will reduce the possibility of environmental damage being caused by large water flows on unprotected and exposed banks.

To protect the creek banks the stumps and roots of the trees, which have already been removed, will remain in place temporarily and be removed as part of the creek upgrade works.

The upgrade of Brownhill Creek channel and landscaping will address some long standing flooding issues, restore the channel to a more natural state and beautify the reserve.

Redevelopment of the Mitcham Memorial Library will continue throughout winter.

The Mitcham Library at 154 Belair Road will be closed from Thursday 26 July until it is reopened in early 2019.

# Mitcham Memorial Library Begins its Transformation

Out with the old in with the new! The redevelopment of the Mitcham Memorial Library in Hawthorn is well underway!

A large section of the Mitcham Memorial Library has been demolished including the bathroom, part of the roof, external walls and services disconnected. Work will begin shortly on preparing the footings and beginning the structural work.

To ensure we can deliver our newly redeveloped Library on time to our community we are **closing the Mitcham Library at 154 Belair Road, Hawthorn from Thursday 26 July until the redevelopment is complete**.



You can continue to visit the Mitcham Library from our temporary location at the Hawthorn Community Centre, 5 Frimley Grove, Hawthorn or visit us at the Blackwood Library at 215 Main Road, Blackwood.

The Mitcham Library at the Hawthorn Community Centre will be offering children's materials and programs, public access computers, printing/ copying, reserved items (interlibrary loans) pickup, returns, magazines and newspapers, Justice of the Peace, and a quiet reading area.

With the limited space available at the Hawthorn Community Centre we are unable to offer our browse collection of Adult Fiction and Non Fiction books. Don't worry our wonderful staff will be able to help you find the right book online for you to reserve and then collect when it arrives or you can visit us at the Blackwood Library.

The Blackwood Library and our two Toy Libraries will continue to operate as usual.

The bigger and better Mitcham Memorial Library will reopen early 2019 offering more space, more services and resources, and many new ones!



**Above top:** Illustration of the new library. **Above bottom:** Demolition of part of the Mitcham Memorial Library. **Left:** Demolition of the existing bathrooms. **Right:** Demolition of part of the Mitcham Memorial Library and removal of roof.

# Is Your Wood Heater Costing You Money?

Heating your home can add to your winter energy bills, but by making a few simple changes you can minimise your energy costs and have a cosy home.

Wood heaters that are not managed properly not only waste hundreds of dollars a year, but also damage the environment and cause respiratory problems for people.

To get the most out of your wood heater this winter follow these simple tips:

**08** June 2018

- Before use, inspect the flue/chimney for build-up of soot, holes or leaks and remove excessive ash. Accumulated soot can cause dangerous chimney fires.
- Burn only dry, seasoned, untreated wood. Dry seasoned wood burns best and can save you 40% of your operating costs. Storing wood correctly in a dry, well ventilated pile, stacked in a criss-cross way, will help keep it dry. Burning wet, green or treated timber costs you money and creates excessive smoke.
- Start small and allow the fire to burn brightly. Use small dry kindling to get your fire started and once a flame is established, loosely stack wood in your firebox to allow for air circulation. The heater should run with the air controls fully open for five minutes before and 20 minutes after adding more logs.
- Regularly check your flue/chimney. Some smoke may be visible in the first 15-20 minutes when first lit and for a short time after more wood has been added. Continuous grey smoke indicates incomplete burning which leads to pollution and wasted fuel. Adjust the fuel load and increase the air settings to reduce the smoke production.
- If a neighbour's wood heater is smoking excessively the best approach is to talk to them about it, they may not be aware smoke is causing a problem. Work with your neighbour to find a solution.

Contact Council on 8372 8888 or visit www.mitchamcouncil.sa.gov.au/woodheaters for more information.







#### Tips on How to Burn Better for Good!





# Multicultural Fair shoots some Recycling Goals!

Mitcham Council's Multicultural Fair, held in March, was a green, waste free event.

Our waste free Multicultural Fair was a success. Council with the support of East Waste was able to recycle 39% of materials and compost 39.4% a total of 77.4% of waste diverted from landfill. We would like to thank our food vendors who provided 100% compostable or recyclable takeaway items and were given signs to indicate to patrons which bin their items should go in. If you attended the fair did you:

- See our why waste it? bin stickers that were placed on the lid and front of bins indicating what items should be placed in them?
- 'Slam dunk your cans and bottles'? Our basketball hoop and backboard was set up above the recycle bins providing a fun way to

recycle. Many thanks to the Mitcham Community Men's Shed for putting this together!

- Meet out volunteers who monitored bins and provided guidance to patrons? Thank you volunteers!
- Visit our Why waste it? education stall to learn about which bin to place items in and how to avoid, reduce, reuse, recycle and compost their waste? This included information about the Kitchen Caddy system, battery and mobile phone recycling available at City of Mitcham. The mini-bin game was a hit once again, providing a fun way to learn about waste and recycling.

All the bins were sorted at the end of the event by Council and East Waste staff.

Don't forget avoid, reduce, reuse, recycle and compost your waste. For more information on how to do this visit the whichbin.com.au website.



# **Restoring our Grey Box Woodlands**

The City of Mitcham, with support from the Adelaide and Mount Lofty Ranges NRM Board, is continuing to protect our threatened Grey Box Woodlands which provides a natural habitat for animals and plants.

Grey Box Grassy Woodlands are endangered as they have been cleared extensively. They provide important habit for native animals and plants, some being threatened species. Grey Box Woodlands are characteristic of our foothills landscape, enjoyed by our local community.

Recently Council removed weeds including Aleppo Pine, Boneseed and Olive from 1.35 hectares of Grey Box Woodlands in Mountbatten Reserve and Randell Park.

These protected areas will continue to be maintained with follow-up weed control and the removal of dead Olives to reduce fuel hazards.

**Right:** Olive Infestation under Grey Box trees. **Far right:** Small Olives were removed and the larger Olives were poisoned by the drill and fill method.



# Leading the way on Water Sensitive Urban Design

The City of Mitcham's innovative water sensitive urban design program is being showcased across the State to help other Council's achieve sustainable water management.

Council's Water Sensitive Urban Design program, which includes rain gardens, reserve soakage trenches and permeable paving, allows us to manage stormwater to improve our environment while still allowing everyday use of our roads, footpaths and our parks.

By collecting stormwater we increase soil moisture which provides passive irrigation for trees and other urban vegetation, helping to keep Mitcham green.

Council's program has demonstrated that permeable paving can be used on reactive soils without fear of excessive ground movement or loss of soil strength.

Permeable paving also reduces the cost of footpath maintenance as less damage occurs

from tree roots, which grow deeper beneath permeable paving and the pavement's gravel base layer provides a buffer between roots and the pavement surface. As a result our footpaths have a longer life, require fewer repairs and have less trip hazards. Most importantly it also provides environmental benefits by collecting stormwater and reducing runoff and flooding.

Water Sensitive SA recently hosted a Water Sensitive Urban Design workshop showcasing Mitcham's innovative approach. The workshop highlighted Mitcham's footpath and road design and construction program using permeable paving. To demonstrate the effectiveness of collecting stormwater attendees visited Hillview Road in Kingswood where permeable paving was being laid and Kegworth Road where permeable paving and reserve infiltration systems solved a local flooding issue for \$1 million less than the conventional approach of upgrading the pit and pipe network.

The City of Mitcham acknowledges its research partners: the Adelaide and Mt Lofty Ranges Natural Resources Management Board, University of South Australia, Goyder Institute for Water Research, Government of South Australia's Department for Environment and Water, Water Sensitive SA, TREENET Inc. and the Environment Protection Authority of SA.

For information about the program visit www.watersensitivesa.com







community groups

# **Mitcham Community Calendar**

#### **Caring Friends**

Supports adults who have experienced a loss in a friendly environment over morning tea, activities and entertainment. Joins us at the Institute Hall, 53 West Parkway, Colonel Light Gardens at **10am** every Friday. Call 0439 881 878 or 0411 485 029.

#### Probus Men's Club of Blackwood

Meet on the **first Thursday of every month at 9.30am** at the rear hall of the Masonic Lodge, Main Road, Blackwood. Come along and enjoy social outings guest speakers, picnics and lunches with a friendly group. Call 8178 2653.

#### **Mitcham Hills Combined Probus Club**

Join us each month on the **fourth Monday at 10am** at the Flagstaff Hill Golf Club. Guest speakers and lots of fun and friendship. Call 0424 383 608.

#### **St Marys Probus Club**

Come and enjoy guest speakers, morning tea and friendship with organised outings at the Trinity Lutheran Church, Grandview Drive, Pasadena on **Monday 18 June at 9.45am**. On **Monday 9 July** celebrate Christmas with entertainment from the Modbury Singers and lunch. Call 0438 813 217.

#### Westbourne Park Ladies Probus Club

Come along to the friendship day meeting on **Monday 25 June at 10am** at the Uniting Church Hall, corner Sussex Terrace and Monmouth Road, Hawthorn. Guest speaker Sharon Cleary on the importance of the ANZAC legend in Australian Culture. Call 8293 8863.

#### **Colonel Light Gardens Ladies Probus Club**

Enjoy fellowship, guest speakers, outings and morning tea on the **first Friday of the month at 10am** at the Colonel Light Gardens Uniting Church, 560 Goodwood Road, Daw Park. Call 0419 006 895.

#### **Rotary Club of Mitcham**

The Rotary Club of Mitcham meets **Wednesdays** at the Edinburgh Hotel, High Street **6.30pm to 8pm** for a meal, fellowship and guest speaker. Become involved in local and international projects and fundraising including our Bookshop at Shop 2, 448 Goodwood Road, Cumberland Park. Visitors welcome email Mitcham.rotary@gmail.com or call 0418 788 401.

#### **Mitcham Kiwanis**

Needs new members! Mitcham Kiwanis Club is involved with the Terrific Kids Program at a local primary school in Mitcham and is seeking to become involved with more schools in the area. Help improve the community we live in by joining the Mitcham Kiwanis who meet **twice a month** at the Marion Sports Centre, Sturt Road, Marion. Call 8374 3694.

#### **Mainly Music**

Introduce children aged 0-5 years to music at **9.45am on Thursdays** during school term at St Michaels, Church Road, Mitcham. \$5. Call 0418 844 982.

#### **Blackwood Uniting Church Community Classes**

Learn how to paint, mosaic, sew, scrapbook, knit or crochet, get fit or try some relaxing yoga and meet some new people and have some me time whilst your children are being looked after at the Blackwood Uniting Church Community Classes on Wednesday, Thursday and Friday during School Terms. Visit www.blackwooduc.org.au or call 8278 8699.

#### Friday Craft at St Michael's Church

Classes are held during school terms each week from **10am to 11.30am** in the hall at St Michael's Church. \$5 per person, includes morning tea.

#### Thursday Craft

at Westbourne Park Uniting Church

Classes held during school terms at 27 Sussex Terrace, Hawthorn from **9.30am to 12noon** each week. \$5 per class, includes morning tea. Crèche available. Contact: craft@wpuc.org.au or find us on Facebook: www.facebook.com/thursdaycraft or call 8271 7066.

#### Messy Church at Westbourne Park Uniting Church

Enjoy an afternoon for families on **Saturday 16 June** and **18 August** from **5pm to 7.30pm** at the Westbourne Park Uniting Church, 27 Sussex Terrace, Hawthorn. Call 8271 7066.

#### Westbourne Park Uniting Church

Sunday services 9.15am (intergenerational), 11am (traditional) and 6pm (youth and young adults) at 27 Sussex Terrace, Hawthorn. Visit www.wpuc.org.au or call 8271 7066. ■

#### **Blackwood Hills Baptist Church**

Come along each **Sunday** at **10am** or **7pm** at 72 Coromandel Parade, Blackwood to enjoy the relaxed and friendly atmosphere at Blackwood Hills Baptist Church. There are people of all ages, great music and fun activities for the kids. Visit bhbc.org.au or call 8370 0333.

#### Village Church at Melrose Park

Every **Sunday** at **10.30am** at the Edwardstown Primary School. Join a new and growing familyfriendly church. Visit thevillage.org.au or call 8370 3256.

#### Heart Foundation Walking Group

If you enjoy walking join this new walking group each **Monday at 9.15am** and **Friday at 9am** at "The Meeting Place" 42a Angas Road. Everyone welcome including prams and dogs on leads. Call 0431 937 563.

#### **Gallery One Exhibition**

Presents the Retrospective Exhibition of Gary Lee Gaston OAM,FRSASA, to celebrate his long artistic career and his 80th birthday from **8 June to the 6 July** at Gallery One, 1 Torrens Street, Mitcham. Gary is well known practicing artists and long-time Mitcham resident. Visit www.galleryone.org.au

#### Illumina Voices presents Shall we Dream

Enjoy songs of freedom on **Sunday 10 June 2.30pm** at St Peter Lutheran Church, 71 Cumming Street, Blackwood. Tickets \$20, concession \$15. To book visit trybooking.com/UAAB or purchase tickets at the door. Call 0421 573 160.

#### Adelaide-Mitcham

#### **Prostate Cancer Support Group**

Join us for general discussion on **Thursday 28 June** at the Colonel Light Gardens RSL Club, 4 Prince George Parade, Colonel Light Gardens at **7pm**. Visit www.adelaide-mitchampcsg.org or call 8277 3424.

#### Seniors in Harmony

Enjoy lively musical concerts on **Tuesday 3 July** with Sophia's Voices and **7 August with Sing** Australia at **1.30pm**. Held at the Mitcham Cultural Village, Princes Road, Mitcham performances are followed by afternoon tea. For group bookings email seniorsharmony@gmail.com

#### **Quarterly Folk Dance**

Enjoy the Australian Traditional and Bush Dance Society of SA's Mitcham Village Folk Dance on **Saturday 7 July from 7pm to 10pm** at the Mitcham Village Institute, Princes Road, Mitcham. Music by the Adelaide Empire Band. All dances are called, flat shoes recommended. No previous experience is needed and you don't need to bring a partner. \$15. Visit www.atbdsdancesa.com.au or call 0418 837 411.

#### Winterbourne at

#### Westbourne Park Uniting Church

All young people from Years 8 to 12 are invited to enjoy activities, community games, small groups, electives, hang-outs, food, a social justice program, worship, discussion, and hearing from our guest speakers during the July school holidays **Tuesday 17 to Friday 20 July**. All food and travel costs are included in the registration fee of \$130 per person. Visit www.wpuc.org.au or call 8271 7066.

#### **Annual Camellia Show**

Camellias South Australia Inc will hold their Annual Camellia Show at Carrick Hill, 46 Carrick Hill Drive, Springfield on **Saturday 11 August 12noon to 4.30pm** and **Sunday 12 August 10am to 4.30pm**. Free admission. Countless blooms on display and quality plants for sale. Call 8295 6563.



— community events

mitcham community news





## Mitcham's **Community Bus**

#### Access your local community through the friendly Mitcham Community Bus service.

Our Mitcham Community Bus service is available for eligible residents to take trips to local shopping centres, Blackwood Library, Central Market and Westfield Marion.

Helpful volunteers will collect you from your home allowing you to catch up with others and shop independently before boarding the bus to go home.

The cost is only a \$4 donation for a return journey.

To register phone 8372 8888.



# **Mitcham Band Festival**

Mitcham's former Voque Cinema will showcase 17 of Adelaide's finest community brass and concert bands with a Gala Opening on Friday 22 June at 7.30pm and again on Saturday 23 June from 9am.

The Mitcham Band Festival is a fun opportunity for each of the bands to showcase their favourite arrangements on stage in an epic musical extravaganza!

Join in the fun for all or part of the day. Tickets are available at the door or via pre-purchase at www.trybooking.com. Refreshments will be available on Saturday for purchase.

For more information phone 0419 030 746 or visit www.mitchambandfestival.com.au

	-
Where:	Vogue Cinema, 25 Belair Road, Kingswood
Date:	Friday 22 June
Time:	Entertainment commences at 7.30pm
Date:	Saturday 23 June
Time:	9am and continues throughout the day until 10pm
Cost:	\$15 day pass, \$10 per session or \$5 for one band only.



# **Clean Up Australia Day**

Congratulations to all our residents, community groups, environmental groups, Scouts, church groups and schools who participated in Clean Up Australia Day on 4 March 2018.

Over 24 groups helped clean shopping precincts, local parks, reserves, and schools removing illegally dumped litter and rubbish so we can enjoy a clean and safe Mitcham.

For more information about Clean Up Australia Day visit www.cleanupaustraliaday.org.au





#### Social group for men & women aged 65 or over, who live in the south/east metropolitan area of Adelaide.

Activities and 2 course hot lunch \$18. Mon, Wed, Thurs and Fridays.



We are located at Colonel Light Gardens.

Call Janine today for further information and book a FREE guest trial day



## **Avoid disconnection - switch** to services over the nbn™ network



The nbn<sup>™</sup> network will eventually replace most existing internet and landline phone networks in your area and most internet and landline phone services will stop working once the existing network is disconnected.

For a large part of the City of Mitcham, nbn™ access network services have been available for 18 months. The existing network disconnection process has either commenced, or will start soon for homes and businesses where nbn<sup>™</sup> access network is live. So, to avoid disconnection, switch your services to the nbn<sup>™</sup> now.

For the remaining homes and businesses across the Council that are yet to have the nbn™ access network turn on, you need do nothing yet. Once available, nbn co and retail service providers will contact you and support your switch. For specific information at your home or business address, visit nbnco.com.au, call 1800 687 626 or contact you preferred phone and/or internet provider.

Find a list of providers visit nbnco.com.au

What you need to do to connect to the services over nbn™ network

- 1. Check whether your premises is ready to connect at nbnco.com.au or call 1800 687 626
- 2. Contact a phone or internet service provider about switching to a plan over the nbn™ network
- 3. If you use any medical alarm or emergency call system devices, you will need to contact the provider/manufacturer for advice before switching to the nbn<sup>™</sup> network
- 4. If your premises isn't ready to connect yet, register for email updates at nbnco.com.au or call 1800 687 626



#### Mayor Glenn Spear

Telephone: 0438 221 762

gspear@mitchamcouncil.sa.gov.au

We have all read of the so called "china sword" decision to stop accepting recyclable material. The ramifications are now impacting the waste disposal market. Now I could hardly describe myself as a radical "greenie" but I do think sending plastics offshore is unacceptable.

The financial impact will be significant on our City and we are working hard to find alternative methods of dealing with our waste. Mitcham collects its own domestic waste (blue) bins and I am happy that we do this in-house. I hear many compliments from residents about the service offered by our own staff. Our staff know many residents and have been known to enquire as to the well-being of elderly residents if bins have not been put out. Currently our recycling (yellow) and green waste bins are handled by a jointly owned subsidiary. We will investigate all aspects of dealing with our waste collection.

A new government has been elected and we will probably have rate capping in some form. I have always said that if appropriately implemented the measure may provide protection to our residents. Whilst our Council is performing with integrity I am fearful that the ever increasing number of Elected Members with political agendas may choose to "pork-barrel" and spend for their own political gain. The residents will pick up the tab in future years.

I am pleased to report that Mitcham Council will deliver \$600,000 in efficiency savings next financial year. I acknowledge the work of our Chief Executive Officer Matt Pears and his team for delivering these gains. Our executive delivered all credit card statements to our audit team for review. I have also personally examined the credit card statement of our Chief Executive Officer to ensure it is used appropriately.

I moved a motion to have all consultants fees listed at the head of reports. This will enable Elected Members and the public to readily identify when outside resources are used. I believe that too many consultants are used throughout government and that we should have full disclosure.

Work has commenced on the Mitcham Memorial Library and I believe we will deliver a huge increase in the floor space and amenity for a fraction of the cost of building a whole new facility. I thank the Library team for working in difficult conditions whilst the work is underway.

We have commenced work on planning for a new library and community centre for Blackwood. The works should be completed in time for concept plans to be presented to Federal candidates at the up-coming election. I hope that we will be in a position to apply for funding for the significant investment.

It is volunteer month and I take this opportunity of thanking the 365 volunteers that provide dedicated service to our community.

It was also a pleasure for Tracey and myself to honour our service personnel at the various Anzac Day Memorial Events - "Lest We Forget".

To keep up to date with what I am currently working on, follow me at www.facebook.com/GlennWSpear/



Telephone: 0411 158 882

atilley@mitchamcouncil.sa.gov.au

The State election has come and gone. We have a new premier, cabinet and for Boorman a new State member. The government has promised to introduce rate fixing. Fixed rates will be welcomed news to some although its implementation is yet to be revealed.

The issue will become one of service delivery. Some of the things that have been expected of Council may change. The LGA spoke about putting more pressure on Federal Assistance Grant money being made more reliable rather than its current random distribution. At the moment it is subject to political vagueness and election cycles where once it was a fixed percentage of GNP.

My role as the single Elected Member on the Council Assessment Panel has highlighted areas that I believe should be of concern. We should recognise that we are blessed with Brownhill Creek running through the middle which brings with it relief from the intensity of suburban living. The creek was the reason why Mitcham was the first village settled outside of Adelaide. The first Council met at the Union Chapel in Mitcham Reserve in 1853. The granite monument celebrates this and the buildings use as a schoolhouse by Mr Thomas Mugg. My great grandfather and his brothers and sisters were some of his students.

The desire to live near the creek and share in this natural beauty has brought pressure upon the creek environment. Living near the creek means learning to live with the creek and the massive River Red Gums that grow there. Too many of these giants have been threatened by increased development. Many of them have their roots in pre-colonial times and represent a unique connection to indigenous times.

There is a Council tree replacement policy fund where a developer can "pay" into a fund to replace a significant tree if able to justify its removal. There is difficulty in placing a monetary value on these massive old trees that represent environment heritage and history. Recently a river Red Gum with a girth of 3 metres in diameter was approved for removal and the amount for the tree replacement fund was \$175. The other pressure is from the 'two for one developments' that clear every piece of vegetation from the block. Where will the mature stately trees of the future come from, who will plant them and how will our existing stock of giants survive. Will they go the way of the Kaurna people?

In preparation of new planning laws initiated by the Labor government and endorsed by the new Liberal government communities will have almost no say in the planning process. The rights for appeal against development that currently exist will be lost. We have been preparing a new Strategic Management Plan that recognises the need for beneficial development but seeks to preserve the features of our area. We are choosing with the support of the community areas that we want insulated from change and where development could happen.

Please have your say when you are given an opportunity.



#### Babbage Ward Cr Yvonne Todd

#### Telephone: 0418 891 097

ytodd@mitchamcouncil.sa.gov.au

As I reflect on my time as an Elected Member I think about "Caring for Community". This is a fundamental ethos to all my decision making and I always ask myself, "will it be in the best interest for the whole community?" It means that I will listen carefully to what people say, understand the issues and take action to improve the situation. I don't want to impose my opinion on the community but reflect best options. My focus is how to make Babbage Ward better.

I drive around Babbage suburbs regularly, taking photos of anything that is not up to my expected standard or which might cause concern, then I raise it with Council staff to resolve. Also, community focused residents regularly let me know when things need attention. I thank them for raising issues with me, as it is a valuable source of information about community issues and concerns. Together we have a stronger voice and have made improvements and wins. Disappointingly, some situations don't get a quick fix but by asking about issues and drawing attention to them, it helps Council staff to understand what the community demands are and set the priorities.

So, keep in mind that if you see work happening near you, then it probably has been something that residents and I have had a hand in making happening. If you see something that is not right, then ring Council or email and make a report. Your voice is valued.

This time of year, Council decides the 2018/19 budget and sets rates. As an Elected Member fighting for our community, I need to know your opinion about where Council funding priorities should be. Often the conversation gets derailed worrying about the amount of rate rise, but I think the conversation should be about what is urgently needed, what priority the community gives to the item and what funding is needed for the item.

I have had some success in including funding for a shelter at CC Hood Reserve and funding for new footpaths in the draft budget. There are many roads in Babbage that have no footpath and I understand that having access to a footpath improves the visual appearance of a suburb and improves resident's mobility and safety. I argued strongly for funding for a walking path in Riverside Reserve but could not convince Elected Members to support it. I know there are more needs and I put them forward, but every item needs to be argued for and to win other Elected Member support. I am hopeful that there will be funding support for developing a bike path through St Marys, linking to Winston Avenue. Commuters need to ride safely and off the maior roads.

There have been progressive projects for Mitcham recently such as the LED lights and the new library. I hope we can continue to deliver good community infrastructure and services. Please call me or email me if you want to discuss Council issues.



#### Craigburn Ward Cr Lindy Taeuber

Telephone: 0420 372 566

ltaeuber@mitchamcouncil.sa.gov.au

The other day I was reading about the narrowing of backgrounds from which our Federal politicians are drawn. In contrast I am pleased to tell vou that your councillors come from diverse professional and personal backgrounds which brings a range of knowledge and approaches to our discussions. These differences enrich what I believe is the most significant project Council is working on - positioning the City of Mitcham to be as well placed as possible as the State Government develops its new 'Planning and Design Code'. The essential elements of this code are simplifying the number of zones state wide, reducing Councillor representation on your Mitcham Development Assessment Panel to one, identifying areas that are most suitable for higher density housing and expecting the community to make comment at this early planning phase as opposed to reacting to e.g. a new structure when it is being built. At Mitcham we are using the information gathered from our community as part of the 'Imagine Mitcham' consultation, a week of community and business workshops, nights of discussion by your Councillors and soon full community consultation to create recommendations to the State Government. Areas not to touch, areas that can have incremental change and areas where change could occur immediately are all being debated.

The draft **Annual Business Plan, including a draft rate rise of 2.97%**, continues to maintain a focus on roads, footpaths and buildings while finding efficiencies. Your Council is grappling with the complexities of significant changes to recycling and waste, the community's high expectations of services, a maintenance backlog from some years back, equity across the Council and the impact of rate capping while considering both those residents that are happy to pay more and have more and those that are finding times financially difficult.

Based on 65% of community consultation responses wanting **The Soldier** to remain at the roundabout precinct Council voted unanimously to write to DPTI supporting the community's wishes. From a safety perspective, based on SAPOL's recommended requirements to mitigate risk, there remains the future difficulties and cost of holding events at the roundabout. A quiet reflective place (which could be a traditional memorial, water, a wall or other) should be considered as we progress the Waite Reserve upgrade.

A future Blackwood Library will be located on the Young Street, Community Centre site to create a Blackwood Hub. Council is commencing the **Waite Reserve, Young Street, Library/Community Centre master planning** discussions which we aim to have ready to present to and seek funding from candidates during the next Federal Election.

Finally, thank you to the applicants who volunteered to be part of the **Mitcham Art Advisory Group**. Many love their sport but so too do many love the arts. Your Council is striving to provide diverse community involvement opportunities that will enrich our entire district.

www.facebook.com/LindyTaeuberCouncillor

#### Overton Ward Cr Nicholas Economos

Telephone: 0411 659 669

neconomos@mitchamcouncil.sa.gov.au

As winter fast approaches it is not uncommon to suffer from ailments such as a cold to more severe illnesses such as pneumonia and flu. I encourage residents to book in to have their flu shots with their local GP.

#### Budget 2018/2019

Recently, at a Full Council meeting I supported a resolution to consult the community about a rate increase of 2.97% for 2018/2019. The increase will help fund \$1.7 million worth of major projects including the Way2Go Program, Community Advocacy, Fund My Neighbourhood Projects and \$285,000 towards necessary improvements such as new footpaths. A rate increase of 2.97% means on average a rate increase of approximately \$47. Financial savings and efficiencies of \$500,000 for 2018/2019 have been identified and I am pushing for further savings.

#### **Domestic Assistance**

Mitcham Council provides domestic assistance, home maintenance and home modifications to residents in need of such services. The feedback received from residents is that Mitcham Council delivers an excellent service. The residents build a relationship with the staff and volunteers who provide the service. I have consistently advocated for Mitcham Council to provide this service.

Recently, at a Full Council meeting I voted against a resolution that Council's direct service provision to people seeking domestic assistance, home maintenance and home modifications end at 30 June 2018. Unfortunately, the resolution passed is that Council tender out these services for the period 1 July 2018 to 30 June 2020.

#### **Repatriation Hospital**

I have consistently advocated for the Repatriation Hospital to be maintained as a health precinct. Fortunately, the new State Government has announced that the Hospital will remain as a genuine health precinct. There are many people in the community who welcome this news as many individuals or their family members have received a high level of personal service in the past from the Hospital.

#### **Community Events**

This is the third year I have had the pleasure of presenting awards to children and teenagers at the skateboarding and scooter competition at Avenue Road, Skate Park, Cumberland Park. It was great to see a large number of competitors participate in this community event. I would like to thank the family and friends of the competitors who gave their support, as well as the hardworking and committed Council staff. Please do not hesitate to contact me if you have any issues or concerns.



## **Colour my World**

Next time you visit the Cumberland Park Community Centre take time to admire the Colour my World art piece in the kitchen.

Our Colour my World colourists have spent 13 weeks and over 300 hours creating this beautiful piece of artwork for members of our community to enjoy.

Colouring for adults is a great way to relax, unwind and destress. Our welcoming group is open to residents of the City of Mitcham. Consider adding a little colour to your week this winter!

#### Join us:

Date:	Meet weekly on a Thursday
Time:	1pm to 3pm
Location:	Cumberland Park Community Centre, 390 Goodwood Road, Cumberland Park
Cost:	\$5 – includes all materials and afternoon tea.

To register phone 8372 8888.



# **Mitcham Community Shed Awards**

Congratulations to Peter Carr for Best Entry Award for his Jewellery Box and Nick Carboon winner of the Mitcham Community Shed Encouragement Award for his construction of a dulcimer.

In May the Shed's annual woodworking competition was held with ten pieces entered. Each piece was considered for its creativity, interactivity, material use and finish. Two winners were recognised; Peter Carr was awarded the Best in Show Award for his jewellery box made from multiple timbers with sliding trays and leather lining and Nick Carboon was presented with an Encouragement Award for his construction of a dulcimer, a three stringed musical instrument. The awards were presented in May by Mayor Glenn Spear and sponsor Nathan Otto of Otto's Timber.

The City of Mitcham's community woodworking shed located in the Mitcham Cultural Village on

Princes Road, Mitcham has both men and women members, some with exemplary woodworking skills and others who join to learn about woodworking. If you enjoy the companionship of others in a supportive and friendly environment why not consider joining the Shed. Membership is just \$3 each visit with woodworking sessions offered at varying times during the week.

#### For more information contact the Shed Facilitator Norman George on 8372 8265 or visit www.mitchamcouncil.sa.gov.au/mitchamculturalvillage



Join our new Eating Disorder Support Group

If you have an Eating Disorder come and join our new support group at the Mitcham Community Centre.

Eleanor Gardner runs a weekly support group every Sunday at 4pm at the Mitcham Community Centre, located on Belair Road, Lower Mitcham. Eleanor knows firsthand what it is like to battle with an eating disorder. For four years she suffered with Bulimia Nervosa which later led to anxiety and depression.

As a result of her experience she has dedicated her time to helping and supporting others who are facing similar struggles.

Eleanor starting running her own support group and creates a relaxed environment where members feel supported building a positive attitude to recovery.

If you, or anyone you know, are struggling with an eating disorder contact Eleanor on 0452 643 005 or email eleanorjeaniegardner@gmail.com or come along to the support group on Sunday at 4pm in Room 2 at the Mitcham Community Centre, 242 Belair Road, Lower Mitcham.

**Above:** Norman George Community Shed Facilitator, Nick Carboon winner Encouragement Award, Nathan Otto, Ottos, Sponsor of the Award and Mayor Glenn Spear.

Left: Best in Show Jewellery Box by Peter Carr.

## Free Positive Parenting Program

Do you sometimes find you have questions about your child's behaviour and development and not quite sure where to turn?

Register today for three free sessions to discuss and learn strategies about positive parenting, raising confident, competent and resilient children.

Date:	Wednesday 1, 8 and 15 August
Time:	10am to 12pm
Location:	Cumberland Park Community Centre, 388 Goodwood Road, Cumberland Park
Cost:	Free
Date:	Monday 13, 20 and 27 August
Time:	6.30pm to 8.30pm
Location:	Blackwood Community Centre, 4 Young Street, Blackwood
	4 foung street, blackwood
Cost:	Free

These sessions are delivered by the Department for Education and Child Development's Positive Parenting Team.

To book call 8372 8888.

# Learn how to Bully Proof Your Child

Have you ever thought about how you may be able to build courage and resilience in your children? Meet Vicki Kirss, author of Resilience for Kids Program and learn how to make your kids resilient.

'Resilience For Kids' provides a complete resilience building program that every parent can do with their children. A simple to do, fully guided, 'hands-on' activity program designed to empower 8-12 year olds.

Vicki, after her daughter fell into depression after being bullied at school, began researching and developed a program to bully-proof children.

Enjoy a free presentation to meet the author on:

Date:	Thursday 21 June 2018
Time:	7pm – 7.45pm
Location:	Cumberland Park Community Centre, 388 Goodwood Road, Cumberland Park

Cost: Free

Purchase a book for \$25 and stay and learn more in a free interactive workshop from 8pm to 9pm

## To book your seat please email communitycentres@mitchamcouncil.sa.gov.au

#### A HANDY HANDBOOK FOR PARENTS

# RESILIENCE FOR KIDS

7 Proven Keys That Unlock Children's Courage and Resilience



VICKI KIRSS LEARN THE STEPS TO RESILIENCE IN 20 MINUTES

June 2018 **15** 

# **School Holidays at Mitcham's Community Centres**



#### Scouts SA – Christmas in July

Did you miss out on our extremely popular Christmas programs last December? Come join us celebrate with a revamped program doing all our favourite Christmas activities with some winter wonderland magic.

Where:	Mitcham Cultural Village
When:	Tuesday 10 July
Time:	9am to 5pm (full day)
Cost:	\$30. Lunch included
RSVP:	8130 6000 or

P: 8130 6000 or engage@sa.scouts.com.au



#### Scouts SA – Savory MasterChef

Book in quick for our MasterChef program focused on all things savory and delicious. Try using our camp ovens and learn how to make some family favorites to cook at home.

Where:	Cumberland Park Community Centre
When:	Wednesday 11 July
Time:	9am to 5pm (full day)
Cost:	\$30. Lunch included
RSVP:	8130 6000 or
	engage@sa.scouts.com.au



# Winter Self Portraits with Little Picasso

It's wintery and cold outside, join Little Picasso's Art Classes in the winter warm studio session to create your own portrait in rugged up winter woollies, scarf and hat. Paint and collage all on an artist canvas.

Where:	Blackwood Community Centre
When:	Thursday 12 July
Time:	10am to 12noon
RSVP:	www.littlepicassos.com.au

#### Karate

Come along dressed up ready to learn some ninja skills on this spooky Friday the 13th. The session will be taken by Jenna a qualified karate instructor from Hawthorn.

Where:	Hawthorn Community Centre
When:	Friday 13 July
Time:	11am to 2pm (sausage sizzle included)
Cost:	\$5
RSVP:	Jenna 0439 661 609

#### Scouts SA – Cubby Construction and Giant Games

Join Scouts SA to discover what it's like to build your very own indoor cubby house, blanket forts and box mazes. Then spend the afternoon playing our larger than life board games and taking on our construction challenges individually or as teams.

Where:	Blackwood Community Centre
When:	Thursday 19 July
Time:	9am to 5pm (full day)
Cost:	\$30. Lunch included
RSVP:	8130 6000 or
	engage@sa.scouts.com.au



Follow us on Facebook @mitchamcommunitycentres



T+61883728888 | www.mitchamcouncil.sa.gov.au/communitycentres | communitycentres@mitchamcouncil.sa.gov.au



#### School Holiday Mountain Biking

Head for the hills will be running a four hour mountain biking program to give kids an opportunity to try mountain biking. Perfect for beginners, accredited coaches will take riders through a skills session before hosting a geocache hunt. The session for kids aged 11 to 14 includes: bike and helmet hire, basic off-road skills (gears, braking, balance, cornering etc), easy introduction trail ride, geocache hunt along the trails.

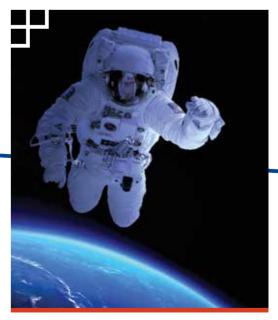
Meet at Craigburn Farm
Shared Trail Network
Wednesday 18 and Friday 20 July
9am to 1pm
\$85
Tyson 0402 697 398

https://headforthehills.net.au/school-programs/ school-holiday-mountain-bike-adventures/

#### Scouts SA – Science (Space Theme)

Interested in things that blowup, grow and smell a little funky? Look no further than this messy, hands on science program with an added space theme to kick it into overdrive.

Where:	Cumberland Park Community Centre
When:	Friday 20 July
Time:	9am to 5pm (full day)
Cost:	\$30. Lunch included
RSVP:	8130 6000 or
	engage@sa.scouts.com.au



## PARTICIPATE | CONNECT | CREATE | LEARN | EXPERIENCE | PLAY

# What Can you Do with All the Leaves that Autumn Leaves?

Each autumn throughout Mitcham the leaves of thousands of deciduous trees change colour and fall to the ground covering lawns, footpaths and gutters. Here are some environmentally healthy things to do with your autumn leaves.



16 June 2018

#### **Compost Them**

Dry leaf matter provides a great source of carbon in your compost bin or worm farm. Use leaves to layer between wet food scraps and garden materials. Keep excess leaves in bags for in Spring and Summer when dry leaves are hard to find.



#### **Make a Mulch**

Rake them up and spread them straight on or mulch them up first and put them in flower beds, vegetable gardens and under trees and shrubs or in container gardens to provide nutrients, keep weeds down and the moisture in.



#### **Mow Over Them**

One of the easiest solutions is to run over them with the lawn mower, no raking required. Empty the lawn mower catcher onto your garden for mulch, or directly into your compost bin or green lidded food and garden organics (FOGO) bin.



Rake Them Up Place them onto your garden for mulch, into your compost bin or directly into your green lidded food and garden organics (FOGO) bin.

#### Please Don't Bag them or rake them onto the Street

Please don't place leaves, lawn clippings or other garden material in a plastic bag. Plastic bags are not compostable and will cause contamination issues. If leaves are swept onto the street, they may end up in our water ways causing excess nutrients leading to algal blooms. If the leaves are collected by street sweepers they end up wasted in landfill as they are contaminated with other street litter and grime.

For more information visit www.mitchamcouncil.sa.gov.au or call 8372 8888.

# COMPOST What can you do with all the leaves that autumn leaves?

# How can you Reduce Junk Mail?

#### Reducing junk mail gets clutter out of your mailbox, frees up your time, and helps protect the environment.

Each year Australian households receive hundreds of pieces of junk mail. By following these easy steps you can reduce the junk mail that ends up in your letterbox and help our environment by minimising water and paper resource waste.

## Place a No Advertising Material sticker on your letter box

The stickers are available free of charge from the City of Mitcham. Drop in to see us at 131 Belair Road, or pick one up from your local Library or Community Centre.

#### Report irresponsible distribution of junk mail

Report any junk mail which is littered, delivered in duplicate or delivered to a letterbox with a No Advertising Material sticker on it. Report offenders to the Distribution Standards Board on 1800 676 136. For more information about the board visit http://catalogue.asn.au/dsb. If junk mail is littered you can also Dob in a Litterer at www.dobinalitterer.sa.gov.au

#### Register your details on the Consumer Do Not Contact Opt Out Service

Including yourself on this list will ensure that you are not contacted by 500 members of the Australian Direct Marketing Association. These members include banks, insurance companies, publishers, catalogue and mail order companies and charities who contact consumers via: mail, telephone, direct response television, the internet and mobile phones.

#### Make a digital choice

Register with online catalogue portals to receive only the advertising material you want. Alternatively you can visit retailers own websites to receive store and brand catalogues online.

