

OCTOBER -
DECEMBER 2026



CLG INSTITUTE - CLOSED FOR RENOVATIONS & RICHMOND RD HALL



CITY OF
MITCHAM



MONDAY

Hatha Yoga for wellbeing
Richmond Road Hall
10am - 11.15am
Body, breath, mind.
Dinali 0431 471 424
Fee applies

Michelle's Dance moved to Mitcham Community Centre Rm 4 - from 4pm
School Term
Classes for all ages.
0412 156 140
Fee applies

TUESDAY

Michelle's Dance moved to Mitcham Community Centre Rm 4 - from 4pm
School Term
Classes for all ages.
0412 156 140
Fee applies

Love Yoga - Zoe
Richmond Road Hall
6pm - 7.15pm
Body, breath, mind.
0409 944 414
Fee applies

WEDNESDAY

Michelle's Dance moved to Mitcham Community Centre Rm 4 - from 4pm
School Term
Classes for all ages.
0412 156 140
Fee applies

Kundalini Yoga
Richmond Road Hall
Kundalini style yoga
6.30pm - 7.30pm
Annabelle
0413 776 513
Fee applies School Term

THURSDAY

Michelle's Dance moved to Mitcham Community Centre Rm 4 - from 4pm
School Term
Classes for all ages.
0412 156 140
Fee applies

SaSamba Community Band
Richmond Road Hall
7pm - 9pm
Drum Rehearsal
Arnold 0449 282 909
Fee applies

FRIDAY

Innovation Calisthenics
Mitcham Community Centre Rm 4
5.30pm - 9pm
Kate 0409 270 877
Fee applies

Caminada Strings
Richmond Road Hall
7pm - 9pm
Community String Orchestra rehearse.
Graham 0406 197 716
Fee applies

SATURDAY

Hatha Yoga for wellbeing
Richmond Road Hall
9am - 10.15am
Body, breath, mind.
Dinali 0431 471 424
Fee applies

Michelle's Dance Mitcham Community Centre Rm 4
School Term
10.30am - 11.30am
Classes for all ages
0412 156 140
Fee applies

Innovation Calisthenics moved to Rm 4 Mitcham Community Centre
12pm - 5pm
Kate 0409 270 877
Fee applies

SUNDAY

Innovation Calisthenics moved to Rm 4 Mitcham Community Centre
10am - 5pm
Kate 0409 270 877
Fee applies



Colonel Light Gardens



Richmond Road
Memorial Hall

1300 133 466 | 53 West Parkway, Colonel Light Gardens

1 Richmond Road, Westbourne Park

www.mitchamcouncil.sa.gov.au/community-centres